Ben Fredrickson

Last Lecture

9/4/2024

Randy Pausch’s “The Last Lecture” was a master class in audience engagement, positivity and encouragement. Even in the face of death Pausch was able to stay positive and uplift and encourage others. He has a very funny way of keeping the audience engaged and using comedy to get his point across. I appreciate that Randy Pausch decided to use his last few months in life to share his message instead of just sitting around waiting to pass.

There are quite a few points of Randy’s lecture that I resonate with and that I appreciate. The way that he can keep a positive attitude about life even when things aren’t going his way is something to envy. I personally try to live my life with a positive attitude and spread that positivity to others. After years of living this way, I understand that it’s not always the easiest, especially on my off days, so the fact that Randy is able to do this facing death is impressive. I also appreciate that Randy was willing to take risks to achieve his dreams. In achieving his dreams, he was able to learn lessons that guided him to be a better teacher and person. Some takeaways I have from this lecture are to help others, listen to mentors, and to got for it when it comes to achieving dreams.